

NEWSLETTER NO: 4

## Your New Hearing Aids .... What to Expect

### Adjust to a Better Life with Your New Hearing Device

It will take some time and patience to adapt to the way your hearing instrument delivers sound. This period of adjustment is completely normal. But before long you'll start hearing the sounds you've been missing—as well as many you didn't even realise were gone.

- With hearing aids, you should be able to hear many sounds that you can't hear without them. You should notice improved hearing in many situations important to you.
- Hearing aids help many people hear better, but they don't restore normal hearing.
- Hearing aids won't allow you to hear everything in every situation. Even people with normal hearing miss things at times!
- Hearing loss occurs gradually. Learning to hear sounds again with hearing aids is also a gradual process.
- At first, sounds may seem unnatural. As the brain adjusts to hearing again, over time, things will sound more natural.
- The adjustment period usually lasts a few weeks, and can take up to a few months.
- Part of the fitting process is fine tuning your instruments to your particular hearing needs. This usually happens over several sessions, after you've had opportunities to wear the aids in different environments and provide feedback to your hearing care professional about your experiences.

### Relearning to Hear

When you use your instruments for the first time, you'll notice that the hearing process feels different. That's because your brain actually has to relearn how to hear sounds—especially the complex range of frequencies in human speech.

Research suggests that speech comprehension increases over a period of several months after first using a hearing instrument. The longer you wear the device, the clearer and more natural these sounds will become.

The following are observations made by first-time hearing aid wearers:

- It takes time to adjust to wearing hearing instruments.
- Your voice may sound different at first.
- Hearing in situations with background noise should improve, but probably not as much as hearing in quiet places.
- You might begin to notice sounds you haven't heard for some time, such as the hum of household appliances, or the chirping of a cricket.

### Funny

An old man was wondering if his wife had a hearing problem. So one night, he stood behind her while she was sitting in her lounge chair.



He spoke softly to her, "Honey, can you hear me?" There was no response.

He moved a little closer and said again, "Honey, can you hear me?" Still, there was no response.

Finally he moved right behind her and said, "Honey, can you hear me?"

She replied, "For the third time, Yes!"

## HEARLINK LOCATIONS

### 03 9326 2231

CENTRAL OFFICE 3/19 Norwood Crescent MOONEE PONDS 3039	Melton Health 195-209 Barries Rd MELTON WEST 3337
MD Clinic 2/22 Victoria Crescent ST ALBANS 3021	Glenroy Road Clinic 182 Glenroy Road GLENROY 3046
Sunbury Private Hospital Cnr Riddell Rd & Spavin Ave SUNBURY 3429	Geelong Office Kardinia Health 2-18 Colac Road BELMONT 3216 Tel: 5241 6400

# PROMOTION



## WIRELESS HEARING AID TECHNOLOGY

We recently introduced the Widex Clear range of hearing devices and the DEX assistive listening devices. The response has been great with very positive outcomes and we have decided to repeat the promotion. At HEARLINK we have been fitting hearing aids for over 34 years and when we actively promote a new device it is only after we are completely satisfied and confident with the product.

The latest technology in hearing solutions – Widex CLEAR™, can help you with your hearing and also help you to reconnect with those around you by providing near natural sound. CLEAR™ hearing aids ensure the optimum in sound clarity by:

- Automatically adjusting different sounds to changing environments
- Enhancing speech clarity in noisy situations and helping locate sound in any direction
- Providing instant wireless communication between devices, just as two ears do.

Widex CLEAR™ is now available in a range of styles across three different series – so there is now a CLEAR™ hearing solution to suit all needs and budgets. The Widex CLEAR™ family includes CLEAR™ 440, CLEAR™ 330 and CLEAR™ 220.

When you combine CLEAR™ hearing devices with **DEX assistive listening devices**, you can stream sound from your television, phone and other electronic devices straight into your hearing aid and switch off distracting background noise! **TV-DEX** streams high quality audio with no delay straight to your hearing aid. **M-DEX** reproduces phone conversations directly in your hearing aid. **RC-DEX** is a stylish and user-friendly remote control that gives you control of hearing aid functions like volume and programs.

*To secure your appointment please call 9326 2231 (5241 6400 Geelong area) and receive:*

- *a FREE consultation and trial of the latest CLEAR™ hearing devices*
- *\$500 off CLEAR™440 hearing device fittings\**
- *a FREE RC-DEX (valued at \$300)- applies to any Clear family chosen*

CLEAR™



ALMOST



DEX REMOTES



\*Please Note: Conditions apply to clients under the Commonwealth Hearing Services Voucher System. These hearing devices are listed as 'top-up' devices under the government system.